



ROME-FLOYD

PARKS&RECREATION

Basketball Coaches Handbook

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Rome-Floyd Parks & Recreation 2025 - 2026 Youth Basketball Program Calendar	
Early Bird Registration	Jan 01, 2025 – Sept 21, 2025
Regular Registration	Sept 22, 2025 – Oct 17, 2025
Late Registration	Oct 18, 2025 – Nov 2, 2025
Coaches Meetings/Team Formation	6U / 8U – Nov 10, 2025 10U / 12U – Nov 11, 2025
Practices Begin	Monday, November 17, 2025
Pre-Season Schedule Release	By Friday Nov 28, 2025
Pre-Season Begins	Monday, December 8, 2025
Regular Season Schedule Release	By Monday, December 22, 2025
Regular Season Begins	Tuesday, January 6, 2026
All Stars District and State	District – TBA (<i>Likely Feb 20-21, 2026</i>) State – March 6-7, 2026

Mission Statement

The mission of Rome-Floyd Parks and Recreation is to provide high quality, diverse, and accessible programs, services, and facilities that enhance the quality of life for all ages, cultures, and abilities.

Philosophy of Rome-Floyd Parks & Recreation Sports Leagues

It is the intent of Rome-Floyd Parks and Recreation to offer a program on an equal opportunity basis. It is the belief of Rome-Floyd Parks and Recreation that competing in youth sports is crucial to developing character and self-esteem. Rome-Floyd Parks and Recreation also believes that lessons learned in competition can be applied in all life endeavors. Therefore, all individuals wishing to participate will not be discouraged from doing so. Teams are organized to maximize participation for all. Each participant who is dressed out and fit to play will play. Rome-Floyd Parks and Recreation views all volunteer coaches as an integral component to the success of the program. Cooperation and communication are essential to maintain a quality experience for all. Coaches should strive to maintain a good working relationship with parents, players, officials. Participants will reflect the character and attitude of the coaching staff and all RFPR staff. Therefore, it is imperative that all coaches display and model excellent sportsmanship and high moral character at all times. Coaches should refrain from any action that would tarnish their reputation with the teams in their league or the program.

Governing Rules

Games in basketball at all levels of play are governed by the current rules and regulations of the GHSA Constitution and By-laws and the National Federation Edition of Basketball Rule Book with the exception as may be found in this handbook.

- a. RFPR reserves the right to consider special and unusual cases and rule in whatever manner is considered best for the individual and the overall program.

Please Remember:

- These are **KIDS**.
- This is just a **GAME**.
- Coaches are **VOLUNTEERS**.
- Referees are **HUMAN**.
- Your child is **NOT** being scouted today.

Parents and Coaches,

Thank you for volunteering your time and making a positive impact on kid's lives.

- Rome-Floyd Parks & Recreation Staff

<u>Sports Manager</u>		
Blake Lambert	706-331-3256	Blake.Lambert@floydcountyga.org
<u>Assistant Sports Manager</u>		
Brad Hobbs	706-252-1156	Brad.Hobbs@floydcountyga.org
<u>Sports Coordinator</u>		
Adam Mull	706-314-1320	mulla@floydcountyga.org
<u>Sports Coordinator</u>		
OPEN	762-235-4166	
<u>Administrative Specialist</u>		
Pam Hobbs	706-676-0733	Pam.Hobbs@floydcountyga.org

Main Office: 706-291-0766

Emailing the Sports Staff is the best way to contact us!

**All schedules, rules, and scores can be found at
<http://www.teamsideline.com/sites/rfpra/home>**

Game Facilities



Anthony Center
2901 Garden Lakes NW Blvd.
GA 30165



Fielder Center
1598 East 16th St SW. Rome,
Rome, GA 30161



Gilbreath Center
110 Garden Ave SE.
Lindale, GA 30147



Thornton Center
102 North Floyd Park Road
Rome, GA 30165



Article I

Coaches' Information

Rome-Floyd Parks and Recreation encourages anyone who is interested in being a positive force in a child's life to contact a recreation staff member and fill out a coaching application. Coaches are role models for teaching the fundamentals of the sport, sport skills, tactics and sportsmanship. Coaches are responsible for their personal conduct and behavior, as well as, the conduct and behavior of players. Coaches are required to follow the Rome-Floyd Parks and Recreation guidelines at all times. A coach who does not follow the guidelines provided by the Rome-Floyd Parks and Recreation will need to meet with the League Coordinator in order to continue to coach. All volunteer coaches shall be "at will coaches," and may be discharged by the Rome-Floyd Parks and Recreation with or without cause. Only coaches who have been approved by the Rome-Floyd Parks and Recreation Authority will be allowed to go on the field of play or court during practices and games.

Guidelines for all Coaches

- Coaches participating in Rome-Floyd Parks and Recreation youth sports shall:
- Be reliable, and on time. (The first to arrive and the last to leave...)
- Be responsible for distributing a game/practice schedule to parents/guardians prior to the beginning of the season.
- Have with you, the Emergency Contact Information forms for each child on the team at all practices and games that is provided on your roster given to you by RFPR.
- Rome-Floyd Parks and Recreation Authority will have first aid kits at each game site, located in the concession stand.
- Be responsible for ensuring players' parents/guardians are informed of changes to the game or practice schedule. This includes cancellations the day of the game or practice.
- Ensure that each player receives playing time in games according to Rome-Floyd Parks and Recreation policy on playing time. Equal participation in the program as a whole is the desired goal but is not a requirement.
- Be responsible for communicating Rome-Floyd Parks and Recreation playing time policy to parents/guardians prior to the start of the season.
- Have all players and coaches shake hands after the completion of the game.
- Never play an injured or bleeding player. Think of the player first and not the team's final outcome.
- Conduct themselves in a professional manner at all times and shall refrain from directing abusive language and/or gestures toward officials, other coaches, players, fans, and spectators.
- Serve as a role model for players and spectators.
- Leave facilities in the same or better condition than when the team arrived. Be sure to clean their respective team bench. All trash and debris needs to be in trash cans.
- Remove team from playing surface promptly after shaking hands with opposing team, so that the next teams may begin their game.

Head Coach's Responsibilities

- After establishing official team roster, a parents meeting must be scheduled to educate parents about program rules and regulations. Contact info. for head coach and assistant coach.
- Establish a good working relationship with parents and players, officials, scorekeepers and all RFPR Sports Staff keeping them well informed of practices, games, team rules, etc.
- In efforts to be respectful of parents' time, conduct organized and punctual practices.
- Head Coaches are required to have email and text message capabilities. If not, they must designate a team parent or assistant coach who does.
- Establish a hierarchy, in the event of his/her absence.
- Confirm player eligibility. Each player must have completed the registration process of RFPR.
- Appoint assistant coaches for the team.
- Upon approval by the Sports Coordinator assigned to your age division, have the authority to suspend or dismiss any assistant coach.
- Head Coach is responsible for proper conduct of their assistant coach and spectators.
- Ensure that only registered athletes are participating in practices and games.
- The State of Georgia has amended Code 19-7-5 under the Official Code of Georgia relating to the reporting of child abuse to include volunteer coaches. Under this code, volunteer coaches are required by law to report any suspected case of child abuse. The purpose of this Code Section is to provide for the protection of children whose health and welfare are adversely affected and further threatened by the conduct of those responsible for their care and protection. It is intended that the mandatory reporting of such cases will cause the Protective Services of the State to be brought to bear on the situation in an effort to prevent further abuses, to protect and enhance the welfare of these children, and to preserve family life wherever possible. This Code Section shall be liberally construed so as to carry out the purposes thereof. If you believe a child is being abused, contact RFPR immediately.
- If requested by the Referee or Game-site Supervisor; head coaches are required to assist in ensuring the parents and/or team spectators maintain a healthy environment.

Assistant Coach's Responsibilities

- Carry out duties as assigned by the head coach.
- Does not have the authority to discipline any participant without proper consent of the head coach.
- Will not be given the same consideration as the Head Coach during games.
- NEVER get involved in any discussions during the game with officials.
- Support the decisions of the Head Coach and should never publicly second-guess the Head Coach.
- Can be appointed by a Head Coach to act as a Head Coach during his/her absence.
- Be able to communicate information to parents concerning the team.
- Ultimately, all assistant coaches are under the supervision of the RFPR.

Application

Rome-Floyd Parks and Recreation Authority requires every individual interested in becoming a coach to complete an application and authorization for a background investigation form (will need a copy of his/her Driver's License or State Issued photo identification). Coach's application can be found on our website: www.rfpra.com/sports and must be completed online. All applications are to be submitted and approved prior to the volunteer assisting in sporting activities. This procedure is in place to protect participants from individuals who may be unsuitable as a coach.

Background Checks

Individual volunteers found to be guilty of the following crimes will be disqualified as a volunteer as outlined below. Guilty means the applicant was found guilty following a trial, entered a guilty plea, entered a "no contest" plea accompanied by the court's finding of guilty, regardless of whether there was a conviction or a withholding of guilt. This policy does not apply to charges that resulted in acquittal, dismissal or in an entry of "nolle prosqui."

EVER FOUND TO BE GUILTY OF:

- All sex offenses including child molestation, rape, sexual assault, sexual battery, sodomy, prostitution, solicitation, indecent exposure, etc.
- All felony violence including murder, manslaughter, aggravated assault, kidnapping, robbery, aggravated burglary, family violence, cruelty to children, child endangerment, etc.

FOUND TO BE GUILTY WITHIN THE PAST 10 YEARS OF:

- All felony offenses other than the listed above; including drug offenses, theft, embezzlement, fraud, etc.
- Multiple misdemeanor drug offenses, simple drug possession or possession of drug paraphernalia, etc.

FOUND TO BE GUILTY WITHIN THE PAST 7 YEARS OF:

- All misdemeanor violence offenses including simple assault, battery, domestic violence, hit and run, etc.

FOUND TO BE GUILTY WITH THE PAST 2 YEARS OF:

- Two misdemeanor DUI charges with a 12-month period.

Any other misdemeanor within the past 5 years that would be considered a potential danger to children or is directly related to the functions of the volunteer including contributing to the delinquency of a minor, providing alcohol to a minor, or theft if the volunteer will be handling money.

Should any pending charges described above be discovered or brought against an applicant during the season, the applicant shall be suspended until such time as to when the charges have been cleared or dropped and reinstatement has been approved by the Athletic Director.

Selection of Coaches

Rome-Floyd Parks and Recreation feels that our coaches set an example not only for the kids but also the parents. Selecting quality, qualified, and well-rounded coaches is our number one priority. All coaches must complete a Coaching Application and sign the Coaches' Code of Conduct form before a coach can be considered by the Rome-Floyd Parks and Recreation.

Background checks will be completed on all coaches for every sport. All head coaches must be at least 21 years of age, and all assistant coaches must be at least 18 years of age. Spouse of coach may head coach in a different league and /or be assistant coach in the same league.

Getting Started for New Coaches

- Immediately contact each players parent/guardian on your roster, introduce yourself, and set up a "first meeting" or practice. Contact RFPR if you are unable to reach players' parents.
- At the first meeting, ask for parent volunteers as assistant coaches and/or team parents.
- Choose a practice location that is convenient for the majority of the team. You will work with RFPR staff if you would like to use an RFPR field. If you have use of a private gym such as a school or church, you will only need to meet the restrictions outlined in this manual.
- Select a team name and jersey number and report it to RFPR for scheduling purposes prior to deadline.
- Assign player numbers and order uniforms from a vendor of your choosing. Each parent is responsible for their uniform costs. When ordering, adhere to the restrictions listed in this manual. There is a \$40.00 maximum.

- RFPR offers financial assistance to those who met the qualifications. For more information please call 706-291-0766.
- In order to avoid financial hardships on coaches, coaches are instructed to assign a date at which time uniform monies are due. If parents fail to meet that payment deadline, parent should be instructed to set up payment directly with the vendor selected by the team.
- Opt in to RFPR text message alerts for weather situations and encourage all of your parents to do the same. Registration for Rain Out text alerts can be found at www.RFPRA.com.
- Game and practice balls are the responsibility of the team.
- Set aside a day and time for team pictures. RFPR is not responsible for scheduling team pictures. RFPR facilities are available for usage for team pictures. Before or after a game.

Conduct

- Any player, coach, or spectator acting in an unsportsmanlike manner or in any way that could prove detrimental to the league will be subject to disciplinary action by Rome-Floyd Parks and Recreation.
- There will be no hollering at or harassing of the players on the opposing teams by parents, players, or coaches. If a volunteer coach cannot control this situation, the game will be awarded to the opposing team. The person(s) violating this rule shall be suspended for the following game. This is a decision made by the Officials and/or the Recreation Staff present.
- Referees and/or Facility Supervisor will eject any coach, player, or fan from the game or vicinity of the game for misconduct. Failure to leave results in forfeiture of the game. Any coach that is ejected from a game will be suspended for the next scheduled game. Suspended coaches are not allowed in the playing facility. If a coach is ejected from two (2) games, he/she will be suspended for the remainder of the season.
- It is the parent's responsibility to make sure their son/daughter attends all practices and games. **Any child who misses 2 (or 50% of scheduled practices) consecutive practices or games can be benched by the coach for one game with the approval of the Sports Manager or Assistant Sports Manager.** It is the coach's responsibility to notify RFPR of any child's missed games or practices.
- No alcoholic or tobacco products will be allowed at any of the Rome-Floyd Parks and Recreation facilities
- Any parent or coach who is found to violate any of our rules, policies and guidelines are subject to disciplinary actions, up to but not limited to receiving a ban from all properties and facilities.

Article II

Team Formation / Eligibility / Weather Policy

Rome-Floyd Parks and Recreation developed the following guidelines for participation / eligibility / playing time to ensure a wholesome and enjoyable recreational activity for the participants.

Team Formation/Eligibility

- Age control date is ON or BEFORE September 1st of current year.
- All registration fees must be paid in full before the child is allowed to participate.
- A participant MUST be registered with RFPR before participating in any regular season games or practices.
- A legal aged player participating in the RFPR Basketball program may “play up” one (1) age division beyond their age and must be approved by the RFPR.
- A participant’s residency will not affect the player’s eligibility. There will be a non-residents fee, which is determined by the Floyd County Commissioners with recommendations from the Rome-Floyd Parks and Recreation Director.
- For all leagues, players will be required to play for a team within the district they are currently attending school.
 - In the event a district has 13 or more players registered; the “Head” coaches will receive any players that played for them in the previous basketball season.
 - The remaining players in that district will then be evenly distributed amongst the teams for that district; in an attempt to enable each team to have an equal number of players.
- RFPR will merge partial districts to form teams.
- If in the previous year, a participant is assigned to a district other than the district in which they attend school, RFPR will not allow the participant to be reassigned to the same team/district the next year if there are enough participants (minimum 7 players) to form a team in the player’s school that they currently attend.
- All residents and non-residents are eligible to sign-up for any recreational sports regardless the participant’s talent/ability.
- Rome-Floyd Parks and Recreation Staff shall have the authority to suspend any player whose conduct is considered detrimental to the best interest of the Rome-Floyd Recreational Programs.

Weather Policy

- Decisions regarding cancelling games due to inclement weather will be released by 2:30 PM for weekday games and/or by 8:30 AM for Saturdays games.
- Immediately following a decision regarding games, a text message will be sent to all who subscribe. Weather updates will also be posted on all Rome-Floyd Parks and Recreation social media and on Team Sideline webpage.
- Games that are postponed will be rescheduled by Rome-Floyd Parks and Recreation.
- RFPR will not reschedule any games due to extracurricular activities.

Game Scheduling

- Games will be played on Monday, Tuesday, Wednesday, Thursday, and Friday afternoons and Saturday mornings.
- Each team will play a minimum of 1 game per week, but no more than 3 games.
- Games will be played at Anthony Center, Fielder Center, Gilbreath Center, and Thornton Center.
- Weekday games will begin at 5:30 PM. Saturday games will begin at 10:00 AM.

- All teams will play 10 games [two per week] during the 6-week season; though some games may be deemed “pre-season” and, as a result, not count towards the team’s overall league standing.

Practice Scheduling

- All teams wanting to reserve RFPRA facilities for practice space will need to call 706-295-7324 to reserve the court. Please call on Thursday’s to reserve courts for the following week.
- All practice sessions are limited to one (1) hour during the weeknights and Saturdays mornings.
 - Weekday time slots: 5:30 PM / 6:30 PM / 7:30 PM
 - Saturday time slots: 9:00 AM / 11:00 AM / 1:00 PM / 3:00 PM / 5:00 PM
 - Courts: Anthony Center / Fielder Center / Gilbreath Center / Thornton Center A & B
 - **Saturday Time Slots During Season: 3:00PM/5:00PM/7:00PM**
 - **Sunday Time Slots During Season: 2:00PM/3:00PM/4:00PM/5:00PM**
 - **There will be NO courts available during the season, except on Saturday’s after the games, Sunday afternoons, and possibly on Wednesdays.**
- Prior to the beginning of the season, Head Coaches can schedule two (2) practices per week.
 - One (1) set practice each week [assigned to them after the coaches meetings.]
 - Call starting at 9 AM on Thursdays to schedule the additional practice.
 - A third additional practice may be scheduled upon availability; once all teams have scheduled their two practices.
- Please notify Sports Staff 24 hours prior to practice time, if you wish to cancel.
- **Once the season begins, all set practices are null and void.** In order to reserve a court for practice after the start of the season, the Head Coach will need to call [706-676-0733] to check availability. **All basketball courts are first come/first serve!!**

IF YOU HAVE ACCESS TO A PRIVATE GYM THAT WILL ALLOW YOU AND YOUR TEAM TO USE FOR PRACTICE, PLEASE LET US KNOW THAT YOU HAVE A GYM AND DO NOT NEED TO RESERVE OURS.

Rome-Floyd Parks and Recreation

Youth Basketball Rules

6 & Under Boys/Girls Basketball

The age control date is *on or before* September 1st of the current year.

I. Governing Rules

Games in basketball at all levels of play are governed by the current rules and regulations of the GHSA Constitution and By-laws and the National Federation Edition of Basketball Rule Book with the exception as may be found in this handbook.

- b. RFPR reserves the right to consider special and unusual cases and rule in whatever manner is considered best for the individual and the overall program.

II. Court Decorum

- a. Only 2 registered volunteers with current application and background checks on file with RFPR will be allowed on the bench at any time. I.D. badges will be provided and are required to be worn every game around their neck and in full view.
- b. All coaches and players must sit on the bench properly.
- c. ONLY THE HEAD COACH IS ALLOWED TO STAND DURING THE GAME.
- d. Teams are required to clean the bench area after the conclusion of their game.
- e. Introductions before the game; ***Turn in Line-Ups early.***

III. General Information

- a. Unsportsmanlike conduct from coaches, players, or spectators is unacceptable, and will result in disciplinary action by RFPR. Coaches may be held responsible for the actions of his/her team's players, assistant coach, fans, and spectators.
 - i. The Assistant Coach is not allowed to discuss judgment calls or rule interpretation with the officials. See RFPR Manual to view the specific duties of head coach and assistant coach.
- b. Protest will not be allowed.
- c. Players are prohibited from wearing jewelry. NO EXCEPTIONS!!

IV. Equipment

- a. Participants must wear proper basketball/tennis shoes. Hard sole shoes are prohibited.
- b. A (27.5) size ball will be used.
- c. Goals will be set at eight (6.5) feet for all games.
- d. Uniforms are the responsibility of the team.
- e. Uniforms may be ordered from a vendor of team's choosing.
 - i. Teams that wear undershirts/compression shorts encouraged to have matching apparel.
 - ii. No two players on the same team may wear the same number.
 - iii. All team jerseys must be the same basic color for all team members.
 - iv. All jerseys are required to have numbers at least 4" on the front and 6 "on the back.
 - v. Players should have legal numbers as described in the National Federation of State High School Rules Handbook.

Legal Numbers to Include:		Illegal Numbers Include:	
• 0-5	• 30-35	• 6-9	• 36-39
• 10-15	• 40-45	• 16-19	• 46-49
• 20-25	• 50-55	• 26-29	• 56-59
• 0 or 00; cannot be both		• DO NOT USE 01/02/03/04/05	

V. Game Scheduling

- Games will begin at 5:30 PM on weeknights and as early as 10 AM on Saturday mornings.
- There will be a 10-minute grace period for team(s) not having 4 players to start a game for the FIRST GAME OF THE DAY ONLY. There is no grace period for any games following.
- In the case of a forfeiture, teams will be allowed to scrimmage prior to the next scheduled game.
- Coaches are to turn in their team lineup, designating the game's five starters, at least five minutes prior to the start of the game.

VI. Length of Games

- Four 8-minute quarters; with a stoppage at the 4-minute mark each quarter for substitution.
- One time-out per half, per team.
- The score will not be kept in this age division.
- Half time period will be 5 minutes in length.

VII. Playing Rules

- The game will begin with the visiting team receiving first possession. After that, the change of possession rule will be in effect.
- Substitutions are made at the four minute mark of each eight-minute quarter. This is not considered a time out. **A player sitting on the bench must enter the game to finish that quarter.**
- Traveling and/or double dribbling violations will be called at the discretion of the official. This is an instructional league; however, play may be stopped so it can be corrected.
- Players cannot foul out, however; after player has been warned twice for rough play, they can be removed from the court, but may re-enter later in the game.
- Full Court Pressing is NOT allowed.** When a team gets a defensive rebound the other team must hustle back and get into correct positions inside the three-point arc.
 - Correct defensive positioning is defense played within the three-point arc.
 - If players continue to stand at half court, the game will be stopped and the coach will be required to move the player into the correct position.

VIII. Season Awards

- Medals will be given to all participants in 6U.

FOR SCHEDULES, SCORES, STANDINGS, WEATHER ALERTS,
AND OTHER LEAGUE NEWS AND UPDATES PLEASE VISIT
www.teamsidelines.com/rfpra

Rome-Floyd Parks and Recreation

Youth Basketball Rules Ages 7-14

The age control date is *on or before* September 1st of the current year.

I. Governing Rules

Games in basketball at all levels of play are governed by the current rules and regulations of the GHSA Constitution and By-laws and the National Federation Edition of Basketball Rule Book with the exception as may be found in this handbook.

- a. RFPR reserves the right to consider special and unusual cases and rule in whatever manner is considered best for the individual and the overall program.

II. Court Decorum

- a. Only 2 registered volunteers with current application/background checks on file with RFPR will be allowed on the bench. I.D. badges will be provided and are required to be worn every game around their neck and in full view.
- b. All coaches and players must sit on the bench properly.
- c. ONLY THE HEAD COACH IS ALLOWED TO STAND DURING THE GAME.
- d. Teams are required to clean the bench area after conclusion of their game.
- e. Introductions before game. Turn in line-ups early.

III. General Information

- a. Unsportsmanlike conduct from coaches, players, or spectators is unacceptable, and will result in disciplinary action by RFPR. Coaches may be held responsible for the actions of his/her team's players, assistant coach, fans, and spectators.
 - i. The Assistant Coach is not allowed to discuss judgment calls or rule interpretation with the officials. See the RFPR Manual to view the specific duties of head coach and assistant coach.
- b. Protest will not be allowed.
- c. Players are prohibited from wearing jewelry.

IV. Equipment

- a. Participants must wear proper basketball/tennis shoes. Hard sole shoes are prohibited.

	<u>Free Throw Line</u>	<u>Size of Ball</u>	<u>Goal Height</u>
8U Boys / Girls	12 feet	28.5	8.5 feet
10U Boys / Girls	15 feet	28.5	8.5 feet
12U Boys / Girls	15 feet	28.5 (Girls) / 29.5 (Boys)	10 feet
14U Boys / Girls	15 feet	28.5 (Girls) / 29.5 (Boys)	10 feet

- b. Uniforms are the responsibility of the team.
 - i. Uniforms may be ordered from a vendor of team's choosing. A limit of \$65.00 per uniform.
 - ii. Teams that wear undershirts/compression shorts encouraged to have matching color. (REQUIRED IN ALL STARS)
 - iii. No two players on the same team may wear the same number. (NO EXCEPTIONS)
 - iv. All team jerseys must be the same basic color for all team members.
 - v. All jerseys are required to have numbers at least 4" on the front and 6 "on the back.
 - vi. Players should have legal numbers as described in the National Federation of State High School Rules Handbook. (See chart below)

Legal Numbers to Include:		Illegal Numbers Include:	
• 0-5	• 30-35	• 6-9	• 36-39
• 10-15	• 40-45	• 16-19	• 46-49
• 20-25	• 50-55	• 26-29	• 56-59
• 0 or 00; cannot be both		• DO NOT USE 01/02/03/04/05	

V. Game Scheduling

- Games will begin at 5:30 PM on weeknights and as early as 10 AM on Saturday mornings.
- There will be a 10-minute grace period for team(s) not having 4 players to start a game for the FIRST GAME OF THE DAY ONLY. There is no grace period for any games following.
- In the case of a forfeiture, teams will be allowed to scrimmage prior to the next scheduled game; with only registered participants.
- Team must have 4 to begin the game, but can end a game with as few as 2.
- Coaches are to turn in their team lineup, designating the game's five starters, at least five minutes prior to the start of the game.

VI. Length of Games

- Four 10-minute quarters, with running clock, except for the final 2 minutes of the fourth period. During the final 2 minutes of the fourth period, the clock will be stopped at all dead balls in accordance with Georgia High School Association Rules.
- Time outs: Teams are limited to two (2) 60 second timeouts and one (1) 30 second timeout per game.

VII. Participation

- Mandatory Participation** – All players in attendance must play a minimum of one uninterrupted quarter during the game, unless an injury occurs. The only exceptions will be made if a child's parent contacts the league coordinator to notify the department that their child cannot play the entire 10 minutes that is required; due to illness. Any child who misses two (2) consecutive practices or games can be benched with the approval of the league coordinator.
- Players must arrive before half-time for the participation rule to apply.
- Penalties for not complying with participation requirements will be:
 - First offense: a coach can be suspended from participation from his/her next game and the game in which the offense occurred can be forfeited
 - Second offense: the coach will be suspended from further participation in the youth basketball program for one calendar year and the game in which the offense occurred will be forfeited.
- A coach that allows a player that is not on their official roster to participate in games will forfeit said game; all coaches involved will be suspended from the program.

VIII. Playing Rules

- Teams will warm up on the opposite basket of their bench prior to game time.
- The game will begin with a jump ball. After that, alternating possession rule will be in effect.
- Players must report to the scorer's table to substitute.**
- When a team is leading by 20 or more points in the second half, the score will be taken off of the scoreboard and the clock will run continuously until the lead is back to within

10 points or less/until the end of the game. Score will continue to be kept on the official scoresheet so that it can be recorded by an RFPR staff member.

e. Full court press is allowed

- i. Teams with a 10 or more-point lead (at any time) in the game will not be allowed to press.
 - ii. The team in the lead must allow their opponents to cross over half court, prior to applying defensive pressure.
 - iii. The team behind may continue to use a full court press.
 - iv. Violation of this rule will result in a warning, followed by an indirect technical foul on the head coach.
- f. A flagrant foul will result in ejection from the game and two free throws for the opposing team.
- g. Any player or coach receiving two technical fouls will be ejected from the game and suspended for the next game. **Any adult who is ejected must leave the facility immediately.** Players may attend the game in which they are suspended and sit in the stands; cannot be in uniform. All suspended Coaches/Spectators will not be allowed to attend the next game.

IX. Overtime Procedure

- a. Jump Ball will take place at beginning of each OT period
- b. Each team receives one 60 (sixty) second time-out per OT period; in addition to any timeouts remaining from regulation play.
- c. Each Overtime Period is 2 minutes in length will continue until a winner is determined.

X. Pre-Season and Regular Season Awards

- o **First Place**
 - The first-place team of each group/division will receive a Gold Championship Ring.
- o **Second Place**
 - The second-place team of each age group/division will receive a Silver Finalist Ring.

ALL STAR TEAM GENERAL INFORMATION

XI. GRPA All Star Teams

The RFPR youth sports leagues participate in GRPA (Georgia Recreation and Parks Association) district tournaments at the conclusion of each winter season, where applicable, and with the opportunity of advancing to the state tournament. GRPA divides the state of Georgia into 7 districts. Floyd County is a member of District 5, Class A. District 5 includes Dade, Catoosa, Walker, Whitfield, Murray, Fannin, Gilmer, Pickens, Gordon, Chattooga, Bartow, Cherokee, Polk, Haralson, Paulding, Cobb, Douglas and Floyd counties. GRPA standards for classification list Class A as agencies in which 15,000 or more youth under the age of 17 reside. Class A is the largest classification in the state of Georgia.

District host agencies are determined by participating agencies of each district in each sport classification, age division and gender. The GRPA State Athletic Committee determines each year who will host the state tournament by sport classification, age division and gender. The champion from each district, in each participating age division advances to the state tournament. Depending on

the state tournament draw, additional teams from the district tournaments may be invited to participate in the state tournament. Additional invitations would be at the discretion of the State Committee.

The goal of the tournament team player/coach selection process is to form the best overall team. GRPA Tournament teams representing RFPR will be determined as follows:

- Tournament teams will be established for players in 8U, 10U, 12U, 14U leagues.
- A meeting will be scheduled for each age division head coaches to establish tournament team.
- Players may only be considered for tournament selection in the age division that they played in RFPR regular season.
- RFPR league coaches are encouraged to discuss with parents about the required commitment for the tournament team from mid-February to early March. If any families are unable to make said commitment, this would eliminate them from being placed on a tournament team.
- Each age division's Head Coaches will determine the maximum number of players allowed to be selected/invited to tryouts from their team. If a player is neither nominated for consideration or not able to attend the tryout (if that option is chosen), they will not be allowed to be selected for the tournament team.
- If the Head Coaches elect to host a tryout to determine their respective league's Tournament team; all head coaches (or their Assistant Coach) will be required to be present. ** Note: Only one representative for each team may be present. **
- At the conclusion of the tryout, the respective RFPR league head coaches will be given the opportunity to vote for the eight (8) best players present that day.
 - The consensus top eight (8) players by league coaches voting will be placed on the tournament team.
- After the eight (8) players have been identified for each tournament team, a league head coach will be appointed as the Tournament Team's Head Coach. Tournament team Head Coach will be appointed by RFPR sports staff. Only league head coaches will be considered.
- The tournament team head coach will be allowed to appoint two (2) additional players from their division to finalize the tournament team roster of ten (10) players. The additional two players must have been nominated by their head coach and/or present at the designated tryout date.
- All players selected must provide a birth certificate to RFPR by established deadline.
- Each tournament team player will be required to purchase a uniform. Maximum cost of All-Stars Jersey cannot exceed \$65.
- Each tournament team player's family will be expected to incur any travel expenses associated with being a member of the tournament team.
- Dates for GRPA District and State tournament play are:

- TBA

FOR SCHEDULES, SCORES, STANDINGS, WEATHER ALERTS, AND OTHER
LEAGUE NEWS AND UPDATES PLEASE VISIT

www.teamsidelines.com/rfpra

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**RFPRA Basketball
Practice Selection Form**

Head Coach: _____
Team Name: _____
Age Group: _____
E-mail: _____
Cell Phone Number: _____

PRACTICE REQUESTS

- Every team will have two set days and time for practice at one of our gyms until the start of the season. (Tentative start date 12/08/2025)
 - An additional practice can be scheduled the Thursday before the upcoming week, **provided a court is available.**
 - **Once the season begins there will be no set practices, and everyone must call the Thursday before the upcoming week to see what is available.**
- List your top 3 choices for practice times and locations.
 - ***Times for practices are: 5:30pm|6:30pm|7:30pm Monday – Friday and 9:00am|11:00am|1:00pm|3:00pm|5:00pm – Saturdays***
 - ***Sunday slots will not be available until after the season has started.***
- Practice Locations:
 - Anthony Center – Garden Lakes (6U ONLY | 2 floors for 6U)
 - Fielder Gym – South Rome (12/14U | 1 floor)
 - Gilbreath - Lindale (8/10U | 1 floor)
 - Thornton Center - Armuchee (8/10U | 2 full floors)

• Practice Preferences:

1. _____ (day/time/facility)
2. _____ (day/time/facility)
3. _____ (day/time/facility)

Your set practice day/time/facility will be text to you by Friday after the coach's meetings.

Complete this form and leave it with Pam tonight!



HEAD COACH'S NAME:	
SCHOOL DISTRICT(S):	
SPORT / AGE DIVISION:	

Specific Date(s)

Please List specific dates you would like to avoid this season a discription of the conflict(s) (if mulitple requests list in order of preference).

Reacuring Day / Time

Please list reacuring days of the week or game times and a discription of conflict(s) (if mulitple requests list in order of preference).

Team / Player (Head Coach ONLY)

Please list any other children the HEAD coach has playing in our leagues this season.

Sport	Age	School	Coach	Child's Name



You've been invited to join

2025-2026 RFPRA Basketball Coaches

Use your **unique access code** below and follow the instructions.

Access Code

RRXR-B2P9

Join via Website

New Users

1. From your computer, phone, or tablet, visit **sportsyou.com**
2. Click **Get Started** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish setting up your account

Existing Users

1. From your computer, phone, or tablet, go to **sportsyou.com** and log in
2. In left column, click **Join Team/Group**.
3. Click **Enter Access Code** to enter code, then **Join Team** or **Join Group**

Join via App

New Users

1. On mobile device download **sportsYou app** from the **App Store** (iOS) or **Google Play Store** (Android)
2. Open the sportsYou app and tap **Create Account**
3. Tap **Enter Access Code** to enter code, then finish set up

Existing Users

1. On mobile device log in
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue +** button, then tap **Join Team/Group**
4. Enter access code and click **Join**



visit us at **www.sportsyou.com**
or in the app stores

