

FALL 2026 YOUTH T-BALL

SECTION A – AGE DIVISIONS

1. There are four age divisions for Youth Baseball. Participants must be 4 years old by the age control date: **on or before June 30, current year**. (Unless approved by Sports Division)
2. Any player or coach ejected from a game for unsportsmanlike conduct will be suspended for a **minimum of one game**, in addition to the game from which ejected.

SECTION B – T-BALL SPECIFIC RULES

Mandatory participation - all players in attendance must bat at least ONCE during the game and play a minimum of ONE uninterrupted inning on defense.

1. Games will last a maximum of sixty-five minutes. Once the scoreboard clock hits 5:00 no new inning will start, and the team batting will finish their at-bat.
2. Every child attending the game will play in the field, coaches should rotate players and positions each half inning. Defensive players will be assigned the following positions: 1st, 2nd, SS, 3rd, Pitcher, Catcher and the remaining players in attendance should be placed in the outfield (outside the base paths).
3. Players should be allowed an opportunity to play every position throughout the season.
4. A half inning consists of a team batting through their entire lineup.
5. Each team will bat their complete line up and switch sides.
6. A batter is allowed a maximum of five swings to put the ball in fair play. After five swings the batter is out and will return to the dugout.
7. IF a baserunner gets out, they are out and shall not continue to run the bases.
8. Players who make it to 1st base are allowed to continue through the bases if directed by the coach. Once the ball is within the base path and is under control by a player, time should be called by the coaches.
9. When the ball is put in to play the defensive players must attempt to make a play. Outs can be made; however, they are not recorded. Players must return to the dugout within an out is made, if anything in question will result in the player being declared safe.
10. There must be at least three offensive coaches on the field (1st base, 3rd base, and at home plate). The home plate coach will adjust and place the tee during play.
11. Four defensive coaches may position themselves in the outfield – one on each foul line, in the outfield and in the infield.
12. Base distance is 60 feet.
13. The tee should be removed when a runner is coming into home plate.

14. The designated coach from the 5:30 PM game should pick up the tee and balls from the concession stand. The designated home coach from the 6:45 PM game should turn in the tee and balls (if any are left) to the concession stand at the conclusion on the game.

SECTION C – APPROVED EQUIPMENT

1. If wearing cleats, players must wear rubber-molded, cleated shoes. Turf shoes and tennis shoes are also approved types of footwear for t-ball.
 - a. **NO METAL OR STEEL CLEATS**
2. T-Ball participants shall use T-Ball labeled bats or light baseball bats (24” – 26”).
3. Rome-Floyd Parks and Recreation will provide game balls.
 - a. For T-Ball a “safety ball” will be used.
4. All players shall wear protective helmets while batting, running bases, and when on deck. The helmet shall be so designed to give protection to the temples and the base of the skull as well as to the top of the head.
5. Face masks are **recommended** for all groups. Chin Straps are **recommended** for all divisions.

SECTION D – UNIFORMS

1. A uniform for baseball should include baseball caps, jerseys numbered on back with minimal six-inch (6) factory type, non-duplicated number, full baseball pants, socks, and shoes. Last names are NOT mandatory but helpful to scorekeepers.
2. In T-Ball players are NOT required to have numbers on the back of their jersey/t-shirt
 - a. If using numbers, duplicate numbers are allowed in T-Ball.

SECTION E – PARTICIPATION AWARDS

1. All T-Ball participants will be presented with a participation award at the conclusion of the season.
2. Coaches may opt to give their players something in addition to the medal, but every T-Ball player will receive a participation medal from RFPRA.